

Church in London Announcements

March 17, 2020

COVID-19 Update

This disease is all over the news. From what we have gathered, it has the following characteristics:

1. It is highly contagious, mostly through touching a contaminated surface or person and then your face. The virus can survive on surfaces for up to 3 days.
2. Children often catch the virus but may not seem to be sick at all. They still can pass the virus to others.
3. Middle aged folks often get a mild fever and cough for a few days and then feel better.
4. Those who have those symptoms are contagious for some days before and after they feel ill.
5. Some children and middle aged folks to get severely ill.
6. Older folks or folks with other medical conditions are much more at risk of serious illness or death, especially if they have or have had risk factors such as the following:
 - a. Age 70 or more
 - b. High blood pressure
 - c. Heart disease
 - d. Asthma
 - e. Diabetes
 - f. Kidney disease
 - g. Cancer
7. It is possible that our hospitals will be overwhelmed with acute cases to the extent that not everyone who needs hospital care will be able to get it.
8. At some point, likely months from now, the pandemic will have mostly run its course and the risk of catching it will become very low once more.

Changes to Our Meetings

In the light of the current situation, we need to continue to meet (Heb. 10:24-25). However, for the time being we cannot all come together at the meeting hall. Those who are ill, even with a mild fever, should isolate themselves according to current government guidelines (currently this is for 14 days after possibly becoming infected or at least 3 full days after feeling completely better after actually being infected). Also, those at high risk of serious illness should avoid personal contact with others as much as possible. With this in mind, the [fellowship](#) of some of the leading brothers in New York City is very helpful. You may also wish to take advantage of the children's materials they will be providing on the [church in New York City website](#).

Until further notice, our meetings will change as outlined below. Of course, those who are in self isolation or at high risk should only meet with others using their phones or other technology.

There will be no meetings at the meeting halls in London or Metcalfe until further notice.

Lord's Table: We encourage the saints to have it in homes at 10:00 am in groups of not more than 4 households (10 or so people including children). We suggest using 100% grape juice and matzo bread (available at Loblaws and the Metro store at the corner of Adelaide and Cheapside or on amazon.ca).

Prophesying Meeting: We plan to provide a short introductory word on the church website that can be used at the start of a time for prophesying in each of the groups meeting together face-to-face or electronically.

Prayer Meeting: We encourage the saints to get together to pray on Tuesday evenings, either in homes according to neighbourhood or electronically. The current situation requires much prayer for ourselves, each other, the church, the churches, our community, the nation , and the world.

Young People's Meeting: In-person meetings are cancelled. Please contact your serving ones for further instructions.

Family Meeting: The Friday evening family meetings at the meeting hall are cancelled until it is safe to resume them once more. We strongly encourage each family to have a meeting together with your children at least once a week

Saturday Training Meeting: We plan to provide a message each week on the [church in London website](#) covering some aspect of the practical church life. We encourage the saints to meet together in small groups in person or electronically to listen to the message and have fellowship concerning how to apply it.

Home Meetings: These can continue in-person at the discretion of the saints. However, please follow all recommendations by health practitioners or the government when doing so.